

Instructions: Please read each question below, then rate whether you* delivered each part of the SNAP session today by circling an answer.

*troop leader OR a co-leader

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| 1) <u>Introduction</u> : Did you* talk to the girls about SNAP and what they would do today? | No | Somewhat | Yes |
| Circle one for each question. → | | | |
| 2) <u>Talking points</u> : Did you* cover all the talking points listed on the session sheet and discuss these subjects with the girls today? | No | Somewhat | Yes |
| 3) <u>How am I doing check-up</u> : Did you* give each of the girls the <i>How am I doing check-up</i> , read through all questions and discuss their responses today? | No | Somewhat | Yes |
| 4) <u>Physical Activity</u> : Did you* lead the girls through at least 15 minutes of physical activity today? | No | Somewhat | Yes |
| 5) <u>Nutrition</u> : Did you* lead the girls through the preparation of food for snack? | No | Somewhat | Yes |
| 6) <u>Asking & Manners</u> : Did you* encourage the girls to practice good manners and proper asking during the family meal practice? | No | Somewhat | Yes |
| 7) <u>Kids Help</u> : Did you allow all girls to play an active role in snack preparation and/or clean-up today? | No | Somewhat | Yes |
| 8) <u>Discussion & assignment</u> : Did you* discuss today's activities and explain the take-home assignment for the girls? | No | Somewhat | Yes |

Comments _____
